

Sakina Ibrahim

AUTHOR • WELLNESS ADVOCATE • ARTIST



MEDIA KIT

www.sakinaibrahim.com



"Empower and inspire your audience, and they will live up to their true potential," advises author, actress, wellness advocate Sakina Ibrahim. As a visionary, she is dedicated to helping others discover and follow their gifts, passion, purpose and unlock the joys of life. To be happy is to be mentally, spiritually, physically, and financially balanced, which is no easy task. Let her help you and your audience take it to the next level.

Through her journey, she has developed a passion for helping people understand their mission and share what she once felt like she needed. Sakina truly believes in the power of creating a blueprint for your destiny. Her unique style has earned her an NAACP Image Award nomination for her publication "Big Words To Little Me." Sakina has spent over a decade studying and teaching dance worldwide, which has provided her an unparalleled experience of the arts.

Specializing in Diversity, Inclusion, and Equality drove her to offer free on line courses such as "Becoming Your Best Self" and launch her podcast Quest for Truth - A place for inspiring conversations about spirituality, art, and culture. An entrepreneur at heart, Sakina has stepped out and started a wellness company called "Stretch and Pray." Stretch and Pray focuses on being emotionally, physically, and spiritually balanced. Sakina continues to expand her passion for the arts, creativity and healing nationally through classes, workshops, speaking engagements, and film.

“Working with Sabrina Fulton and The Trayvon Martin Foundation was life changing for me. It pushed me to tap into a deep sense of compassion and guide women towards their healing after experiencing a pain like loosing a child.”

PERSONAL INFO

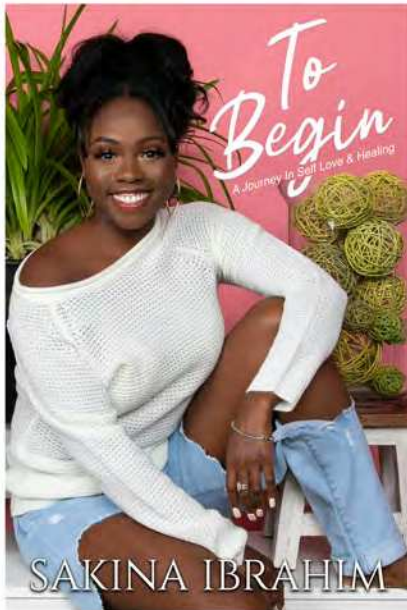
Name: Sakina Nadiyah Ibrahim
 Location: Los Angeles, CA Atlanta, GA New York, NY
 Artist Since: 2004
 Category: Entertainment
 Available for: Public Speaking, Book Signings, Brand Ambassadorships, Workshops, Hosting, etc.
 Availability: Negotiable
 Pay range: \$300+ per hour
 Topics: Diversity & Inclusion, Wellness, Pop Culture & Media, Evaluating Relationships
 Skills: writing, dancing, acting, wellness coaching, singing, hosting, event curation, and consulting

SPEAKING ENGAGEMENTS

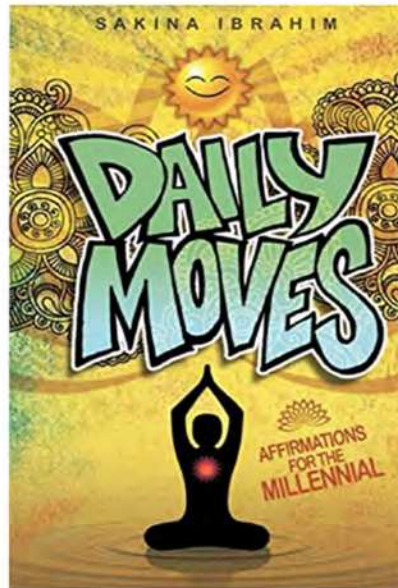
Google
 Interscope Records
 Drexel University
 George Washington University
 University of California Irvine
 The Boston Women's Conference
 Michigan State University
 The Trayvon Martin Foundation,
 The Annual Essence Festival
 Clark Atlanta University
 Teen Vogue Conference
 Mass Conference for Women



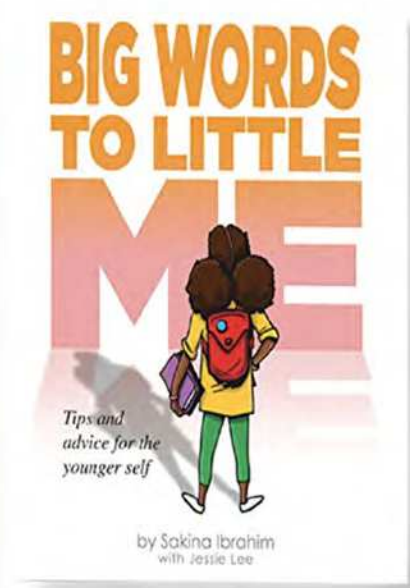
BOOKS



To Begin: A Journey In Self Love and Healing



Daily Moves: Affirmations For The Millennial



Big Words To Little Me: Tips and Advice For The Younger Self

CAREER HIGHLIGHTS

- Nominated for an NAACP Image Award for published book "Big Words To Little ME"
- Featured Author at Essence Fest 2017
- Curated Mindfulness and Wellness Workshop for Google's State of Black Women organization
- Curated workshops for the MA Conference for Women
- Curated a workshop for the Trayvon Martin Foundation in Bermuda

CREDITS

2018 Creed 2
2016 Bayside the Musical
2014 Beauty Shop the Play
2012 Silver Linings Playbook
2011 Rennie Harris RHAU

VIDEOS



Ode To Nina Simone

WEEKLY REACH

120K

kindle     

PARTNERSHIPS



Sakina Ibrahim IAspire



Sakina Ibrahim

CONTACT

www.sakinaibrahim.com

contact@sakinaibrahim.com

949-929-7966

Los Angeles, CA • Atlanta, GA • New York, NY